



NorthStar ACADEMY

Any Time. Any Place.

April 2022

From the Principal's Office



The Spring sunshine brings warmth, especially if you don't have to fight the wind. As the snow melts, we see the sand, dirt, trash and all the other nasty stuff that was hidden by the white snow. The grass is brown and flattened but we know just around the corner is the green and flowers. We accept the downside of Spring as we know there is good stuff coming. This points to the Easter season for me. Jesus had to endure some very difficult days – betrayal from his inner circle, judgement from religious and political leaders, the crowd that turned against him – culminating in his death on the cross.

All this was necessary so that Jesus could show his power over death and offer salvation to those who would accept his sacrifice – the sacrifice that paid the price of our sins. Easter is both the ugly and the beautiful, but we focus on the beauty because it lasts forever. May you enjoy true peace this Easter season. Christ is Risen!

As I wrap up a teaching career that has spanned 36 years, two provinces, seven schools, and a crazy number of science experiments, of which only a few were more “vigorous” than planned, I am very pleased to know that NorthStar will be in excellent hands. Mrs. Marci Penner will be taking over as principal. Marci has been a part of our admin team since November as associate principal, so I have seen her at work. She is a skilled and enthusiastic leader who has tons to share with the students, parents, and staff of NorthStar Academy. Please join me in congratulating her on her appointment as principal of NorthStar Academy

Randy Wood, Principal

Happy
Easter

Dates to Remember



April 1 - Non-Instructional Day
April 11 & 28 - 2 pm Information Session
April 15 - 24 - Easter Wk - Teachers
Unavailable/Office Closed



Congratulations Mrs. Marci Penner on your appointment as our new principal of NorthStar Academy.

April Events

NATURE MOSAIC CHALLENGE!

GET OUTSIDE AND ENJOY SPRING BY CREATING A MOSAIC MADE OUT OF ITEMS FOUND IN NATURE. GO TO THE LEARNING COMMONS, APRIL EVENTS TAB FOR MORE DETAILS!



Check Out Our
Social Media by
clicking the logos



Registration is open for

2022-2023

Click here to access forms

VITAL FOR SURVIVAL!

Help us make a difference in a child's life by donating one of the following items.



Go to the Vital For Survival Tab in the Learning Commons for more details on this event and what you can donate

April 25- May 2.



DID YOU
KNOW...

...with Mr. Hooks

1. The most dangerous animal in the zoo, according to zookeepers, is the giant panda. The elephant is second.
2. Polar bears can eat 23 kilograms (50 pounds) of meat in one sitting. Their favorite meals are ringed seals, young walruses, and beluga whales.
3. Snakes can continue to bite after they are dead. It is a reflex action and often contains more venom than a live snakebite because the snake is not controlling how much venom it releases.



GRADUATION INFORMATION



Thanks to those who have filled out the 2022 Graduation Survey to let us know whether you are attending or not. We are finalizing details, and those who indicated they are attending on that survey have received more information about their graduation day as well as another survey to fill out so we know the final numbers of family and friends attending.

We have a large class attending compared to previous years. Almost 60 graduates are partaking in our 2022 Graduation this year! That's more than double our last in-person graduation. Due to these high numbers, we have had to limit the number of guests attending due to building fire regulations.

Email activityday@nsaschool.ca with any graduation questions.

Please read your emails and the surveys to see if they have the answer before emailing me!

GRADUATION BOOKLET

Graduates have the opportunity to be spotlighted in our NorthStar Academy Graduation 2022 Book, whether they attend the graduation ceremony or not. All Graduating Students, please fill out the form to indicate whether you wish to be in the Graduation Book or on social media by clicking [here](#) by Sunday, April 10, 2022. These answers and pictures will be used to feature our grads on our social media platforms as well.

DETAILS

Date: Saturday, June 4

Location: Zion Church,
Didsbury, Alberta

Ceremony: 2:30 PM

Banquet: 4:30 PM

Dress: Semi-Formal

RSVP and tickets required
to attend both the ceremony
and banquet.



Congratulations to all NorthStar Academy grads and grad parents! The end of Grade 12 is rapidly approaching and becoming a graduate is something you'll always remember. One way we remember graduation year is by taking formal, cap'n'gown graduation portraits and we are so honoured to once again be providing photography for NorthStar Academy grads.

We would like to invite you to book a sitting for in-studio formal grad portraits. Sittings take place in our studio in Three Hills, AB and are only \$15. This sitting fee covers the time spent photographing the grad and preparation of 25-40 digital proofs and grad photo order form. We provide the grad gown, official Northstar Academy stole, vintage large book, diploma, cap and tassel.

If you are interested in booking a grad portrait sitting in-studio or if you have any questions about the above information, please contact Jason Ewert Photography at 403-443-2387 or e-mail JEwert77@gmail.com.

GRADUATION DONATIONS

Our Student Graduation Committee is looking for donations for our Graduation Day!

To make this evening a success, we need the support of family, friends and generous businesses. Since we want all students to participate in the ceremony and dinner, the price we charge does not cover all of the expenses incurred to make this evening memorable. We would like you to team with us by donating a gift certificate or tangible item to be given as a door prize or a cash/in-kind donation to help defray the cost of the event. An event this size requires many resources. We will recognize contributions made to our Student Graduation Committee in the graduation program provided to all who attend the ceremony.

If you would like to donate or inquire about donating, please email activityday@nsaschool.ca.

DIDSBURY ELKS LODGE PRESENTS
Gowns for Grads

Didsbury Elks Gowns for Grads Project provides graduates who need a fairy godmother this graduating season with **FREE** grad dresses, and suits! We have hundreds of dresses and suits to choose from!

DUE TO COVID-19 PROTOCOLS THE PROGRAM IS BY APPOINTMENT ONLY. MAXIMUM NUMBER IS 5 PER GROUP.

LOCATED AT THE DIDSBURY ELKS HALL ON 20TH STREET.

BOOK YOUR APPOINTMENT NOW BY CONTACTING
MARGO WARD
403-556-5201

ELKS




GRADUATION PHOTOGRAPHY



HOME ENVIRONMENT AND LEARNING IDEAS FOR PARENTS

Raising kids and teens is complex as it is. Throw in a learning disability, or a challenging life event or health issues, and we can feel lost in how to support them.

Thankfully, God doesn't ask us to manage this all on our own! Reaching out to our teachers, family and friends can help both with practical and emotional support.

As a school, NorthStar values that you have entrusted us with your learning journey. As a reminder, we want to encourage you to reach out to your teachers, Learning Support staff, or administrators for support. In addition, we have an amazing community of parents and learners just like you who are carrying the responsibilities of raising their children.

As such, we want to share two valuable resources with you:

1. [Impact Parents](#) has specialized blogs for challenges such as ADHD and anxiety. But it also have practical parenting tips and resources. They have some great webinars coming up!
2. This resource has been posted to the [NSA Parent Lounge](#). What a great opportunity to carry on conversations and support one another through open dialogue. Our community benefits from seasoned home learning families as well as beginner families with fresh ideas. I encourage you to head over and contribute to the community as we seek to support one another with this blessed task of raising our young ones!





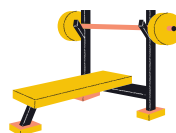
How Active are You?

Spring is here! The weather is starting to become nicer, and it is easier to spend more time outdoors. After a long winter of being at home, it is time to focus on helping our bodies stay healthy and strong through exercise.

Did you know that the Mayo Clinic recommends that all children (ages six and up) participate in at least one hour of activity each day? “Children should do vigorous activities, such as running or biking, at least three days a week. They should also participate in muscle-strengthening activities, such as bodyweight exercises, at least three days a week. Children should also do bone-strengthening activities, such as jumping rope or running, at least three days a week” (Mayo Clinic). Additionally, all adults should prioritize spending at least thirty minutes doing moderate exercise each day. Two-three days a week, this exercise should include strength-training activities to build or maintain muscle mass.

So the question is... are you active enough? Do you prioritize getting proper exercise each week? If the answer is no, here are some practical ways that you could get moving. Try picking a different option each day for a week!

1. Go outside for a brisk walk! Walking is one of the best forms of exercise to promote whole health.
 2. Have a dance party in your house! Try different GoNoodle videos for inspiration (<https://www.youtube.com/watch?v=hRq2iFDJ-98>)
 3. Try a Dumbbell workout for kids (<https://www.youtube.com/watch?v=mOrBF2MUFhA>)
 4. Get a group of people/kids together to play field/outdoor games (<https://www.wired.com/2009/08/simpleoutdoorplay/>)
 5. Go for a family bike ride! Find a fun new trail to explore.
 6. Follow along to a stretching video for kids (https://www.google.ca/search?q=stretching+for+kids#kpvalbx=_bRNFYoWgI4LU9APtpLewBg13)
 7. Try out a new play park! Start a game of grounders or lava tag; play Charlie Brown or just participate in free play (swinging on the swing set or climbing the monkey bars).
- This month, let us focus on making sure we participate in a proper amount of activity each day to help our bodies stay healthy and strong!



STUDENT FEATURE

GR 1

GR 1



GR 7 ART CLUSTER



ART GR9



ART GR9



FOODS 30





APRIL 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Week 27				1 Collab Day (teachers unavailable)	2
3	4 Week 28	5	6	7	8	9
10	11 Week 29 NSA Information Session @ 2 pm	12	13	14	15 Good Friday	16
17	18	19	20	21	22	23
NSA Office Closed April 15-24. Teachers and office staff offline and unavailable. No assignments due.						
24	25 Week 30	26	27	28 NSA Information Session @ 2 pm	29	30

Red = All staff offline
Blue = Teachers Offline